

Referral

We can take referrals from individuals, relatives, doctors, social workers, community nurses or other community workers. For us to provide you with the most appropriate referral we need to know your personal information and what services you need. The person being referred must also be aware of the referral.

Cost

For many of our services we ask for a donation towards our costs; however services will not be refused because of an inability to pay. Donations can be given to us by your volunteer, in person or by posting a cheque to us. We can send you a receipt upon request.

Shopping Service

ECHO provides a shopping service on Mondays from 9.30am – 12 noon. You need to ring us on 9387 2885 and give us your weekly grocery shopping needs. It is best to tell us what brand, size and quantity of items you need. Our shopping volunteer will have a chat, see how you are doing and take your list to Coles who will then deliver your shopping the next day. This service involves a charge by Coles for the delivery. You will need to pay the delivery person when they arrive.

For more information contact
ECHO Neighbourhood Centre Inc.

Phone 9387 2885 **Fax** 9369 4788
Email enquiry@echocentre.com.au
Web www.echocentre.com.au



Where we are:

Shop 4, 1 Spring St, Bondi Junction 2022
(Next to Waverley Library)

Opening Hours:

Monday to Friday 9.30am – 4.30pm
Closed public holidays & weekends

*We uphold your rights and responsibilities.
We listen to your ideas and concerns. In the
event of a complaint you can have an
independent advocate.*

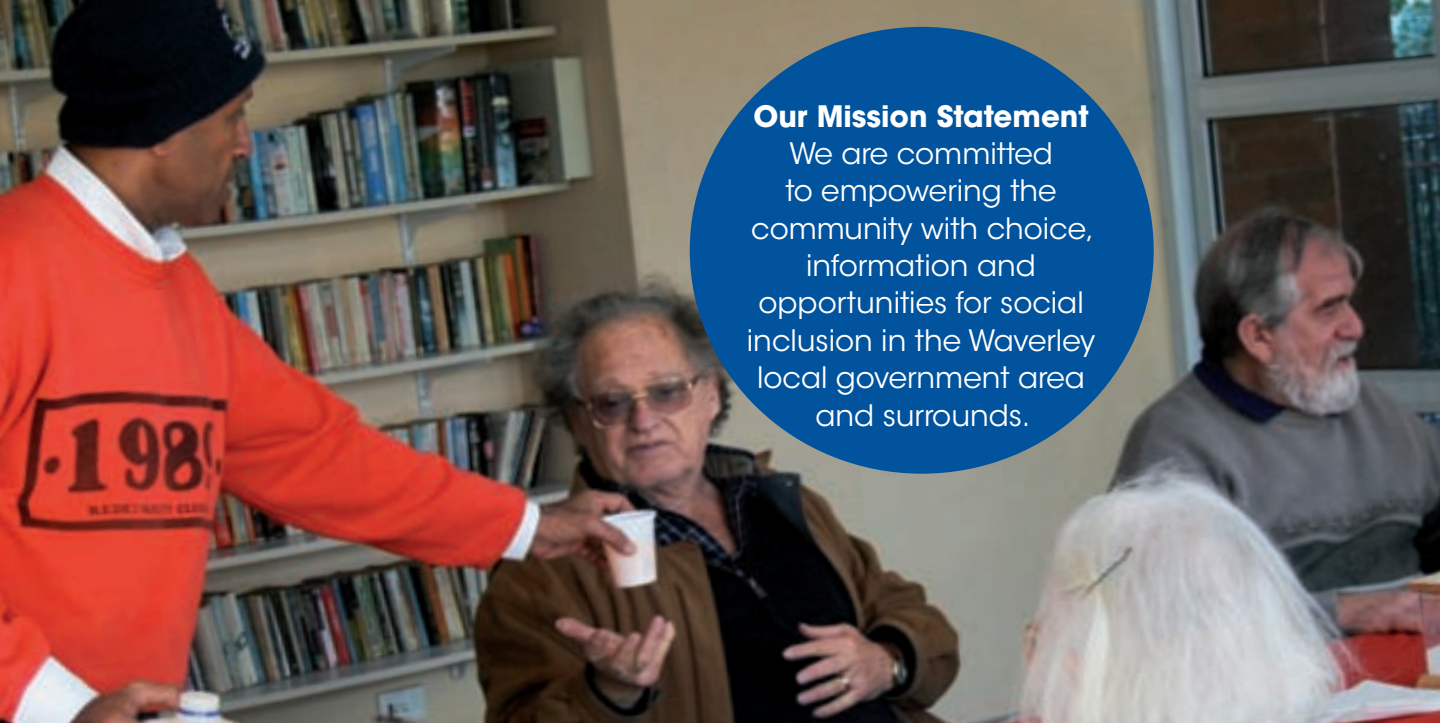
**We would like to thank Ageing, Disability and Home
Care, Department of Human Services NSW, for support
of this HAAC funded Program**



Neighbour Aid



*Helping the
community*



Our Mission Statement

We are committed to empowering the community with choice, information and opportunities for social inclusion in the Waverley local government area and surrounds.

and energy freely to make a difference in someone else's life.

After an initial assessment with staff to determine if you are eligible for the service, you will be given a care plan which may include one or some of the services we provide including:

- Home visits for companionship
 - Small tasks in the home
 - Light shopping
 - Banking
 - Going for a walk
 - Letter writing or filling in forms
 - Transport and escort to appointments
 - Small gardening jobs (excluding lawn mowing)
 - Referrals and information
 - Advocacy support
 - Groups and activities
- (See our Groups Brochure)

NEIGHBOUR AID PROGRAM

ECHO Neighbourhood Centre provides social support through our Neighbour Aid program for older people, people with disabilities and/or dementia, and their carers living or working in the Waverley local government area and surrounds.

The staff provide information, support and referral through individual care planning. We also provide social support and group activities for people from cultural and linguistically diverse (CALD) backgrounds, information sessions and workshops. We employ a dedicated Russian Social Support Worker on Thursdays and Fridays.

Our mission statement is reflected in what we do and promotes the well being of people who may be disadvantaged by age, disability, income, culture, language or social isolation. At ECHO we support you to be part of the community through self-awareness, encouraging independence and building friendships.

The Neighbour Aid staff are supported by a group of dedicated volunteers to provide the services of Neighbour Aid. Our volunteers come from all walks of life and all ages, with one common thread, they give their time

Eligibility

To participate in our program you need to be frail aged, a person with a disability or dementia, or their carer. You will need to live in the Waverley local government area or nearby suburbs.

If you are not eligible for ECHO's Neighbour Aid Program and its services, or you need services that we do not provide, we can help you to access other services and information in the area by referral.

The Neighbour Aid Program helps you in a friendly, low-key way...just like a neighbour does